



AIM Qualifications & Anglia Examinations

Level 3 (Masters C2)

Speaking Test

2024 Set 3

Instructions for Candidates

- The test will take 20 minutes.
- You will take the test with another candidate.

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Procedure

The Anglia Masters Speaking Test consists of three tasks and should take approximately 20 minutes to complete. There are two candidates at each session. The examination will be recorded. The recording is sent to Anglia Examinations, Chichester College for moderation.

AFTER the examination, you must not return to the area where candidates yet to take the test are still waiting.

Preparation

Two articles to read and think about. You should be prepared to talk briefly on one of them before discussing it.

Task One: *up to 4 minutes.* Introductory warm-up

The assessor will ask you to talk about who you are, why you are taking the examination and so on.

Task Two: *up to 8 minutes.* Prepared discussion (newspaper article)

The assessor will ask you to talk briefly about the article you have chosen to prepare, and then you must be prepared to discuss the issues arising from it.

Task Three: *up to 8 minutes.* Unprepared discussion (topic only)

The assessor will ask you to choose a statement card. He/She will then indicate to you which of the statements on your chosen card you should talk about. You can talk alone for a moment and then you must be prepared to engage in discussion about the proposition in the statement.

LEVEL 3 (MASTERS) SPEAKING EXAMINATION, Set 3 2024

Task Two: Readings for Discussion

READING ONE

EFT TAPPING

Emotional Freedom Technique (EFT), also known as tapping or psychological acupressure, is an alternative treatment designed to alleviate physical pain and emotional distress.

Developed by Gary Craig, EFT involves tapping on 12 specific meridian points on the body to address disruptions in the body's energy system, which are believed to cause negative emotions and pain. The technique is based on principles from Chinese medicine, where meridian points are considered pathways for energy flow that, when imbalanced, can lead to health issues.

EFT is similar to acupuncture but uses fingertip tapping instead of needles. Proponents believe that tapping on these points can help restore energy balance, reduce stress, and alleviate symptoms related to conditions such as anxiety, PTSD and weight loss.

While still under research, EFT aims to signal the brain's stress-regulating areas to diminish the impact of negative experiences and emotions.

Task Two: Readings for Discussion

READING TWO

PARIS 2024: A MILESTONE FOR PARENT ATHLETES

The Paris 2024 Summer Olympics achieved several milestones, including the debut of breaking and achieving gender equality with equal participation rates for male and female athletes. In 1936, at the Berlin Olympics, women comprised just 8.4% of the competitors. Sport has certainly come a long way.

In order to achieve this, several notable advancements were put in place. One of these was the inclusion of a nursery in the Olympic and Paralympic Village, which aimed to support parent athletes, especially mothers. This new facility, created with input from *Pampers* and retired track-and-field star Allyson Felix, offered private breastfeeding spaces, safe play areas, and nappy-changing facilities. The nursery was open from 9 a.m. to 9 p.m. daily, and athletes could book time slots. Felix, a prominent advocate for integrating childcare at sports events, emphasised the importance of such facilities for normalising motherhood in athletics.

Despite these advancements, the initiative had limitations, such as restricted operating hours and no overnight stays for children in the village. To address these shortcomings, the French Olympic Committee provided nearby hotel rooms for athletes with very young children, allowing them to stay overnight with their infants.